



bliss dermatology
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What are Steri-Strips?

- Steri-Strips are small adhesive bandages.
- They hold the edges of the skin together while the wound is healing.

How should I care for Steri-Strips?

- Steri-Strips will come off in about four to five days on their own.
- Steri-Strips will curl up at the edges as the wound heals.
- Trim the edges of the Steri-Strips with scissors as they curl up.
- Gently remove them with tweezers if they do not come off in seven days. Pull them off from the side toward the center.
- You may get your steri-strips wet in the shower, but do not scrub the site.

What are dissolvable sutures?

- Absorbable stitches do not need to be removed. They will dissolve on their own in about a week.
- Follow your wound care instructions to clean the area, which will help the sutures dissolve.
- Occasionally, a stitch will not dissolve completely after a week. If this occurs, please call the office so we can easily remove the remaining piece of stitch.